A note from Pastor Owen...

When was the last time?

- When was the last time you woke up rested? I mean really rested and positive and full of excitement about the prospect of a new day?
- When was the last time you laughed until your side hurt?
- When was the last time you acted a little crazy? ...like ordering pizza at one am or kidnapping your wife and taking her out for ice cream?
- When was the last time you told your kids that they are the best thing that has ever happened to you?
- When was the last time you were so aware of Christ's love that you thought you would burst?
- When was the last time you skipped rocks at Dundarave Beach?
- When was the last time you went for a walk on the seawall?

Most people's lives are characterized by frantic activity, fatigue and weariness. But life is to be celebrated, not endured! When was the last time you really lived?

Valley Church...

There's a place for you!



Equipped in the Spirit...Equipped in the Word Going everywhere...meeting needs in Jesus Name

November 19th, 2017

Lynn Valley Full Gospel Church 1160 E. 29th Street, North Vancouver V7K 1C2 Ph. (604)980-0307 E-Mail info@valleychurch.ca Website: <u>www.valleychurch.ca</u>

Sunday at Valley Church...

Services at 9:00 & 11:00 am – Pastor Owen Scott will be speaking this morning. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities are available to mothers with babies.

Join us for a coffee & cookies on the patio! Join us for coffee on the patio after the service today...a great chance to meet a new friend.



What's happening at Valley Church?

ESL (English as a Second Language) – Monday evenings at 7 pm. For info call Elaine Englar at 604-986-4288 or Margot Fraser at 778-980-4452.

Intercessory Prayer Group - Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. <u>If you have a prayer request</u>, <u>please fill in the enclosed prayer card</u>. The group also appreciates hearing about your *answers to prayer*!

SOULTREK FOR YOUTH – Tuesday evenings at 7 pm. For further info contact Luke Ratzlaff at 604-980-0307 or <u>luke@valleychurch.ca</u>

Board Meeting – Tuesday, November 21st at 7:30 pm at the church.

Ladies Morning Out - Thursday mornings from 9:00 to 11:00 am. If your Thursday mornings are free and you would like to connect with other women, feel free to join us! Childcare is provided. For info, contact <u>kristina kurtz@hotmail.com</u>

Celebrate Recovery – Thursday evenings at 7 pm. For further details contact Karl Rutka at 778-828-4495 or Gail Mofrad at 604-831-9284.

Young Adults Group - Thursdays at 7:30 pm at the church. For info, call Simon & Oyuki Bodlack at 778-689-4636 or contact them at <u>simonbodlack@gmail.com</u>

Spanish group – Friday evenings at 7 pm. For info, contact Jorge & Jeanette Rios at 604-971-3070.

GriefShare – Saturday mornings at 10:00am in the church basement. For info, contact Lillian Gorrie at <u>lgorrie@shaw.ca</u> <u>November 25th</u> topic will be *"Lessons of Grief – Part Two"*.

Follow Valley Church on Facebook (valleychurch) and **Instagram** (lynnvalleychurch)

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.



NO PARKING! A reminder not to park in the Blue Shore parking spaces OR any of the RESERVED 24 HOUR spots - If you do, you may be towed.

We would love to receive your photos! Please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin.



Online donations at Valley Church are possible – You can give your offering online through PayPal. Go to the bottom of our web page at <u>www.valleychurch.ca</u> and click on the PayPal button.

CHRISTMAS AT VALLEY CHURCH...

"It's a Wonderful Life" Movie Night on Sunday, December 3rd at 6 pm. Childcare (& popcorn!) will be provided. *Carol Sing with Cider and Cookies* – Sunday, Dec 10th at 6 pm *Christmas Eve Services* – Sunday, December 24th three identical services at 10 am, 4 and 6 pm.



A big THANK YOU from Owen & Val Scott for all the love that was shown to us by our amazing church family at our

Appreciation Night last Sunday. We feel so privileged to have been a part of your lives for the last 31 years and want you to know how much you mean to us. A special thanks to all of you who worked so hard to plan this night and for the many volunteers that willingly gave of your time to make it special and run smoothly. Thank you to all those who spoke and to Krisha & the team who blew us away with your rendition of *"Pressing On"!* Valley Church...We love you!