

Seventeenth Century Nun's Prayer...

"LORD, Thou knowest better than I know myself that I am growing older and will someday be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody, helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all, but thou knowest, Lord, that I want a few friends in the end.

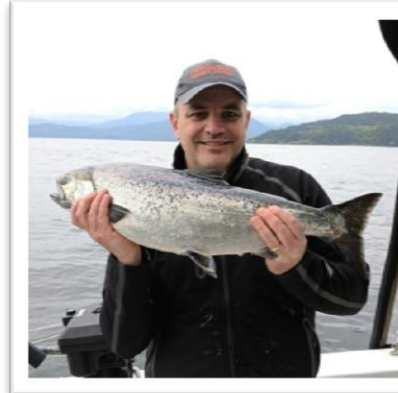
Keep my mind free from the recital of endless details; give me wings to get to the point. Seal my lips on my aches and pains. They are increasing, and love of rehearsing them is growing sweeter as the days go by. I dare not ask for grace to enjoy the tales of others' pains, but help me to endure them with patience.

I dare not ask for improved memory, but for a growing humility and less cocksureness when my memory seems to clash with memories of others. Teach me the glorious lesson that occasionally I may be mistaken.

Keep me reasonably sweet; I do not want to be saint — some of them are so hard to live with — but a sour person is one of the crowning works of the devil. Give me the ability to see good things in unexpected places and talents in unexpected people. And give me, O Lord, the grace to tell them so. AMEN."

Valley Church...

There's a place for you!



*Equipped in the Spirit...Equipped in the Word
Going everywhere...meeting needs in Jesus Name*

May 23rd, 2017

Lynn Valley Full Gospel Church
1160 E. 29th Street, North Vancouver V7K 1C2
Ph. (604)980-0307 E-Mail info@valleychurch.ca
Website: www.valleychurch.ca

Sunday at Valley Church...

Services at 9:00 & 11:00 am – Pastor Owen Scott will be sharing in both services today. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio! Join us for coffee on the patio after the service today...a great chance to meet a new friend.

What's happening at Valley Church?

ESL (English as a Second Language) - Monday evenings at 7 pm. For info call Elaine Englar at 604-986-4288 or Margot Fraser at 778-980-4452

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your *answers to prayer!*

Board Meeting – Tuesday, May 23rd at 7:30 pm

SOULTREK (Grades 8-12) - Tuesdays at 7 pm. Contact Luke at 604-980-0307 or luke@valleychurch.ca for details.

Ladies Morning Out - Thursday mornings from 9:00 to 11:00 am. If your Thursday mornings are free and you would like to connect with other women, feel free to join us! Childcare is provided. For info, contact kristina_kurtz@hotmail.com

Young Adults Group - Thursdays at 7:30 pm at the church. For info, call Simon & Oyuki Bodlack at 778-689-4636 or contact them at simonbodlack@gmail.com

Spanish group – Friday evenings at 7 pm. For info, contact Jorge & Jeanette Rios at 604-971-3070.

Ladies Retreat on Keats Island – May 26th-28th. Cost: \$170. The retreat is fully booked...sorry, no more room!

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.



NO PARKING! A reminder not to park in the Blue Shore parking spaces OR any of the RESERVED 24 HOUR spots - If you do, you may be towed.

Send in your photos! Please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin.

Online donations at Valley Church are possible – You can give your offering online through PayPal. Go to the bottom of our web page at www.valleychurch.ca and click on the PayPal button.

Follow Valley Church on Facebook (valleychurch) and **Instagram** (lynnvalleychurch)

Please check the coat rack beside the office for lost items! If you don't pick them up, we will have to donate them to a worthy cause!

The WATOTO Choir is coming! July 7th at 7 pm. Billets will be needed for Friday, July 7th – Please contact Mel if you can provide a place to stay for that night.



VBS Dates for 2017 – For those of you who are organizing your children's summer, the dates for this year's VBS will be July 17th to 21st from 9 am to 4 pm. Cost - \$120. Ages - Finished Kindergarten to Grade 6. You can now register online at www.valleychurch.ca

Photos on front ... Clockwise from top right – Valley Church has two interns working with us this summer...*Charles Lartey* and *Adeline Eldred* (shown here with her little brother, *Lewis*); mom & daughter, *Linda & Mikayla Baigent* on the worship team last Sunday; *Lorne MacInnes* with his catch...salmon for supper!