

A note from Pastor Owen...

This day I choose to be joyful. Choosing a good attitude doesn't diminish the amount of suffering in your life or in the world, but it does help to lighten the load. Even when we suffer, we can choose to be joyful because He is with us. Attitude always determines altitude! The single most significant decision I can make on a day to day basis is my choice of attitude. When my attitude is right, nothing can get in my way. When you arrive at your place of work in the morning, let the first thing you say brighten everyone's day. It's okay to feel sorry for yourself...just don't let it last for more than five minutes! Spend your life lifting people up, not putting people down. Remember the three powerful resources God always has available to you...love, prayer and forgiveness. Remember that to love and be loved is the greatest joy in the world.

Valley Church...

There's a place for you!



*Equipped in the Spirit...Equipped in the Word
Going everywhere...meeting needs in Jesus Name*

May 7th, 2017

Lynn Valley Full Gospel Church
1160 E. 29th Street, North Vancouver V7K 1C2
Ph. (604)980-0307 E-Mail info@valleychurch.ca
Website: www.valleychurch.ca

Sunday at Valley Church...

Services at 9:00 & 11:00 am – **Pastor Marcel Kurtz** will be speaking in both services today. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio! Join us for coffee on the patio after the service today...a great chance to meet a new friend.

The Parenting Course - 5 pm on Sunday evenings

What's happening at Valley Church?

ESL (English as a Second Language) - Monday evenings at 7 pm. For info call Elaine Englar at 604-986-4288 or Margot Fraser at 778-980-4452

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your *answers to prayer!*

SOULTREK (Grades 8-12) - Tuesdays at 7 pm. Contact Luke at 604-980-0307 or luke@valleychurch.ca for details.

Ladies Morning Out - Thursday mornings from 9:00 to 11:00 am. If your Thursday mornings are free and you would like to connect with other women, feel free to join us! Childcare is provided. For info, contact kristina_kurtz@hotmail.com

Young Adults Group - Thursdays at 7:30 pm at the church. For info, call Simon & Oyuki Bodlack at 778-689-4636 or contact them at simonbodlack@gmail.com

Spanish group – Friday evenings at 7 pm. For info, contact Jorge & Jeanette Rios at 604-971-3070.

Ladies Retreat on Keats Island – May 26th-28th. Cost: \$170. To sign up contact Kristina Kurtz at kristina_kurtz@hotmail.com

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.



NO PARKING! A reminder not to park in the Blue Shore parking spaces OR any of the RESERVED 24 HOUR spots - If you do, you may be towed.

Send in your photos! Please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin.

Online donations at Valley Church are possible – You can give your offering online through PayPal. Go to the bottom of our web page at www.valleychurch.ca and click on the PayPal button.

Follow Valley Church on Facebook (valleychurch) and **Instagram** (lynnvalleychurch)

Please check the coat rack beside the office for lost items! If you don't pick them up, we will have to donate them to a worthy cause!

Our new Bible Reading Plan schedule begins on May 1st – You can pick yours up at the Info Table.

Photos on front ... Clockwise from top right – Varun & Krisha Darmaraj on their wedding day last week; The Nidua family...Joe, Jayne and Thalia; two of our faithful ESL workers, Margot Fraser & Elaine Englar celebrating their birthdays; a few of the Shaw clan hamming it up at the wedding.