

A note from Pastor Owen Scott...

I love Psalm 90:14 – *“Satisfy us in the morning with your unfailing love that we may sing for joy and be glad all our days”*. I love it because it gives us the key to know how to *“hang loose”* throughout each day and not take ourselves too seriously. Most of us are far too tense and uptight. We worry about things we have no control over. We get hurt too often. We seldom laugh enough, especially at ourselves. We carry a load of care and guilt that God never intended us to carry. The scriptures exhort us to *“abide in Christ”* (John 15:4). This resting in Christ is really another term for *“hanging loose”*. George Mueller liked to say, *“It is my first business every morning to make sure my heart is happy in God”*. How right he was! When we’re *hanging loose* in the Lord, we can be less dogmatic on the fine points. We can smile more at our mistakes. We can be free to be ourselves and allow others to be who they are too. Are you uptight? Agitated? Upset? Stressed out? Rest in the Lord and hand the problems over to Him. Let Him settle you. Move into that place in Christ of trust and rest. Every morning make yourself happy in your God. Begin to praise Him. Rejoice in His care. Then...*“hang loose”*.

Valley Church...

There’s a place for you!



*Equipped in the Spirit...Equipped in the Word
Going everywhere...meeting needs in Jesus Name*

November 15th, 2015

Lynn Valley Full Gospel Church
1160 E. 29th Street, North Vancouver V7K 1C2
Ph. (604)980-0307 E-Mail info@valleychurch.ca
Website: www.valleychurch.ca

Sunday at Valley Church...

Services at 9:00 & 11:00 am – This morning *Pastor Owen Scott* will be speaking. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio! Join us for coffee on the patio after the service today...a great chance to meet a new friend.

Children's Christmas Musicale Practice – 2-4 pm on Sundays

What's happening at Valley Church?

ESL (English as a Second Language) - Monday evenings at 7 pm. For info call Elaine Englar at 604-986-4288 or Margot Fraser at 778-980-4452

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your *answers to prayer!*

SOULTREK FOR YOUTH – 7 pm on Tuesday evenings. Contact Luke Ratzlaff at 604-980-0307 or liratzlaff@hotmail.com for details.

The MARRIAGE COURSE - 7 pm on Wednesday evenings. For info, contact Marcel at marcel@valleychurch.ca or call the office at 604-980-0307.

Ladies Morning Out - Thursday mornings from 9-11 am. We will be starting a new study this week called *The Christmas Experience*. Childcare is provided. For info, contact Kristina at kristina.kurtz@hotmail.com

Young Adults Group – Thursdays at 7:30 pm at the church. For info, give Simon & Oyuki Bodlack a call at 778-689-4636 or contact them at simonbodlack@gmail.com

Spanish group – Friday evenings at 7 pm. For info, contact Jorge & Jeanette Rios at 604-971-3070.

Your journey from mourning to joy – If you've lost someone close to you, please contact Lillian Gorrie at lgorrie@shaw.ca for information about our weekly **GriefShare Support Group**. The video on Saturday, Nov 21st will be called "Lessons of Grief – Part 2"



YOUR CHRISTMAS SHOEBOXES ARE DUE NEXT SUNDAY, NOVEMBER 22nd. Thank you to all those who filled shoeboxes this year!

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.

The new "OUR DAILY BREAD" devotionals are available at the back.

A chance to practice hospitality! Greeters are needed for both services on Sunday morning – If you would like to be a part of this important ministry, please contact Marcel at marcel@valleychurch.ca

Doreen Goodwin passed away on Thursday, November 12th. Please remember Doreen's family in prayer as they mourn her loss.

Send in your photos – Our stock is getting low...so unless you want to see a constant stream of "Valley Church Staff" photos, please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin!



NO PARKING! A reminder not to park in the Blue Shore parking spaces OR any of the RESERVED 24 HOUR spots - If you do, you may be towed.

Online donations at Valley Church are now possible – You can give your offering online through PayPal. Go to the bottom of our web page at www.valleychurch.ca and click on the PayPal button.



"It's a Wonderful Life" Movie Night on Sunday, December 6th at 6 pm. Childcare (& popcorn!) will be provided.

"An Unplugged Christmas" with our own Valley Church kids on Sunday, Dec 13th. There will be two performances at 5&7 pm.

Christmas Eve Services – Thursday, December 24th
Three services – 4, 6 and 8 pm followed by cookies and cider downstairs.

Photos on front – Clockwise from top... Our Valley Church staff enjoying our traditional introduction to the Christmas season...our first eggnog lattes; Neklan & Anne Brozensky checking out the cranberry fields; one of our small groups enjoying a summer get-together.

