

A note from Pastor Owen Scott...

In the book, *"Finding Contentment"*, Neil Clark lists ten major characteristics of authentic people who experience deep contentment...

- 1) They live in the present
- 2) They are free from fear
- 3) They are not judgmental
- 4) They genuinely appreciate themselves
- 5) They hunger for the truth
- 6) They are adaptable and flexible
- 7) They have a strong sense of gratitude
- 8) They love to laugh and are
lighthearted
- 9) They exhibit a high degree of dignity
- 10) They sleep well!

Valley Church...

There's a place for you!



*Equipped in the Spirit...Equipped in the Word
Going everywhere...meeting needs in Jesus Name*

November 16th, 2014

Lynn Valley Full Gospel Church
1160 E. 29th Street, North Vancouver V7K 1C2
Ph. (604)980-0307 E-Mail info@valleychurch.ca
Website: www.valleychurch.ca

Sunday at Valley Church...

Services at 9:00 & 11:00 am – This morning *Sam Elsey* will be speaking. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio! Join us for coffee on the patio after the service today...a great chance to meet a new friend.

This week...

ESL (English as a Second Language)

Monday evenings at 7 pm. For info call Elaine Englar at 604-986-4288 or Margot Fraser at 778-980-4452

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your *answers to prayer!*

SOULTREK FOR YOUTH – 7 pm on Tuesday evenings. Contact Tim Shaw at 604-980-0307 or tim@valleychurch.ca for details.

Ladies Morning Out - Thursday mornings from 9:00 to 11:00 am - We are using a DVD series called *Twelve Women of the Bible*. If your Thursday mornings are free and you would like to connect with other women, feel free to join us! Childcare is provided. For info, contact Kristina at kristina_kurtz@hotmail.com

Young Adults Group – Thursdays at 7:30 pm at the church. For info, give Simon & Oyuki Bodlack a call at 778-689-4636 or contact them at simonbodlack@gmail.com

Spanish group – Friday evenings at 7 pm. For info, contact Jorge & Jeanette Rios at 604-971-3070.

Your journey from mourning to joy – If you've lost someone close to you, please contact Lillian Gorrie at lgorrie@shaw.ca for information about our weekly **GriefShare Support Group**. This Saturday, Nov. 22nd at 10 am the video "*Lessons of Grief – Part 2*" will be shown.

PHILIPPINES 58 – A concert with Ray An Fuentes celebrating the children of the Philippines and launching the Christmas season will be held at Valley Church at 6:45 pm on Saturday, November 22nd. Tickets are free but limited, so confirm your ticket at www.hopeforthenations.com/philippines58.

What's happening at Valley Church?

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.

Send in your photos! Please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin.

Operation Christmas Child Shoebox Campaign - We have just two more Sundays to complete our shoeboxes this year. If you have time before, after or during the either service over the next two Sunday, come downstairs and give us a hand assembling boxes.

Winter is coming...and it's cold outside! If you have any warm coats, sweaters, socks, underwear or boots to spare for the Gospel Mission, please contact Bruce & Sharon Nelson at s.b.nelson@shaw.ca or 604-444-3539.

Carolyn Arends in concert with her new Christmas album:

"Celebrating Christmas, The Story of Stories" – Sunday, December 7th at 7 pm at Valley Church. Tickets are available at the info desk on Sundays or the church office during the week – only \$5!! Invite your friends and family to a beautiful evening of Christmas music.



"It's a Wonderful Life" Movie Night on Sunday, December 15th at 6 pm. Childcare (& popcorn!) will be provided.

Christmas Eve Services – Wednesday, December 24th...Three services – 4, 6 and 8 pm followed by cookies and cider downstairs.

Photos on front – Clockwise from top left – Our "Toronto crew"...*Nigel, Eileen and Teresa Banks, Klark Relve and Jeremy & Daphne Chandra; Lillian Gorrie & Christel Korth; Bee Lee Lim* celebrating his 60th birthday by rock climbing; *Margot Fraser* observing the two minutes of silence on Remembrance Day; Ben & Claudia Perrin and their daughters, Rivers & Avia enjoying a walk in the park; our Christmas Shoebox team encouraging everyone to get involved.