A note from Pastor Owen Scott...

I have discovered over the years something that is, to me, a vital secret in prayer. It is praying down strongholds. A stronghold is a system of thought or an area of bondage within the mind or body which encourages the devil. Irrational fears, nightmares, uncontrollable lust, violent temper, compulsions, obsessions, fixations, phobias or uncontrollable urges may be symptoms of a stronghold. I have prayed for people who had strongholds of rejection, criticism and indecision. No amount of encouragement or teaching seems to help, but when these things are diagnosed as a stronghold of a spiritual nature, there are amazing breakthroughs. Colossians 2:15; Revelation 12:11 and 2 Corinthians 10:4-6 show us how to gain the victory when the enemy is entrenched in a person's life. 2 Corinthians 10:4-6 tells us that strongholds (fortresses where the enemy has become entrenched) can be demolished by our spiritual weaponry (God's Word, prayer, the blood of Jesus, the Christian's testimony and total commitment). As you mobilize your spiritual weaponry, no stronghold can withstand the onslaught of our risen, conquering Lord Jesus. Begin with yourself. Identify a stronghold (or the possible beginning of one). Confess the sins that have aided that stronghold and perhaps even caused it. Dismiss the enemy. Command him to leave. Declare that you are God's property and he (the devil) is a trespasser. Confess that your body is the temple of the Holy Spirit who lives in you. Take your stand against any encroachment of the enemy in your mind and body. Declare your right to be free in Christ. Receive your freedom! Thank God for it. Then get ready to help others become whole in Christ. (For a homework assignment, why not memorize 2 Corinthians 10:4-6 and Revelation 12:11.)

Valley Church...

There's a place for you!







Equipped in the Spirit...Equipped in the Word Going everywhere...meeting needs in Jesus Name

August 3rd, 2014

Lynn Valley Full Gospel Church 1160 E. 29th Street, North Vancouver V7K 1C2 Ph. (604)980-0307 E-Mail info@valleychurch.ca Website: www.valleychurch.ca

Sunday at Valley Church...

Services at 9:00 & 11:00 am – This morning *Pastor Marcel Kurtz* will be speaking. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio! Join us for coffee on the patio after the service today...a great chance to meet a new friend.

This week...

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your *answers to prayer!*

SOULTREK FOR YOUTH

Soul Trek will resume in September. Keep your eyes open for summer activities throughout July and August. Contact Tim Shaw at (604) 980-0307 for further info.

SUMMER IN THE CITY – On Wednesday evenings at 7:30 pm over the summer we will be doing a midweek series called "LIFE ON THE VINE"- The coffee pot will be on...the worship will be vibrant...the teaching will be inspiring – It's the place to be throughout the summer on a Wednesday evening!

Ladies Morning Out will be informally meeting at a different park or beach on Thursday mornings during the summer. For details, contact LeeAnna Cordes at leeanna.cordes@gmail.com

Spanish group – Friday evenings at 7 pm. During the summer they will be meeting at Ambleside Beach (near the concession). For info, contact Jorge & Jeanette Rios at 604-971-3070.

What's happening at Valley Church?

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.



Send in your photos! Summer has arrived and our Valley Church family is involved in all kinds of interesting activities – Please share some of your special moments with us

by emailing us your favorite family photos to use in the bulletin and on our website. If you are taking a trip over the next few months, take along a *Valley Church bulletin* and take a photo of you holding it in front of a site you're visiting...Valley Church's version of North Shore News "News Around the World"..."Valley Church Around the World"!

Owen & Val Scott are on vacation for the next few weeks.

Pray for our Youth Mission Team! They are in Mexico for the next week where they will be ministering in very practical ways to the poor. *Mel Sanderson* and *Tim Shaw* are giving leadership to the team. They will return to Vancouver on August 9th.

Your journey from mourning to joy – If you've lost someone close to you, please contact Lillian Gorrie at lgorrie@shaw.ca for information about our weekly GriefShare Support Group starting in the second Saturday in September at 10 am.

Photos on front – *Clockwise from top left...*Betty Clowers enjoying her "*mountain top experience*"; Selena Rowe helping the crew get ready for VBS; Judy Alarie & Betty Clowers enjoying the view.