A note from Pastor Owen Scott...

Because the United States is the only nation that claims "happiness" to be its citizen's God-given right, you would think everyone who lives there would be really happy...not so. They barely make it to the top-ten list in terms of *"life satisfaction"*. People are happier in Iceland, the Netherlands, Sweden, Switzerland, Denmark, Ireland, Belgium, Great Britain and Australia. Professor Martin Seligman of the University of Pennsylvania suggests there are three kinds of happiness...

 The pleasant life (the joy that comes from eating, drinking, sex and entertainment)
The good life - derived from enjoying things you do well (i.e. hobbies, accomplishments, goals reached, etc.)
The meaningful life - consists of devoting oneself to something you believe in.
Many people around the world would testify that having a personal relationship with God through Jesus Christ has profoundly increased their degree of *"life satisfaction"*.
The writer was right when he said, *"Oh, taste and see that the Lord is good!"*

Valley Church...

There's a place for you!



Equipped in the Spirit...Equipped in the Word Going everywhere...meeting needs in Jesus Name

October 13th, 2013

Lynn Valley Full Gospel Church 1160 E. 29th Street, North Vancouver V7K 1C2 Ph. (604)980-0307 E-Mail info@valleychurch.ca Website: <u>www.valleychurch.ca</u>

Sunday at Valley Church...

Services at 9:00 & 11:00 am – This morning Pastor Owen Scott will be speaking in both services. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.

Join us for a coffee & cookies on the patio!

Join us for coffee on the patio after the service today...a great chance to meet a new friend.



This week...

ESL (English as a Second Language)

Monday evenings at 7 pm. For info call Kay (604)986-2932 or Elaine (604)986-4288

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. <u>If you have a prayer request, please fill in the enclosed prayer card</u>. The group also appreciates hearing about your *answers to prayer*!

Soul Trek...

Junior Highs (Grade 7-9) will meet on Tuesday evenings from 7-9 pm; Senior Highs (Grades 10-12) will meet on Thursdays from 7-9 pm. Contact Tim Shaw at 604-980-0307 for details.

Pray for ALPHA!

Remember to pray for our ALPHA course on Wednesday evenings

Ladies Morning Out - Thursday mornings from 9:00 to 11:00 am. We are doing a study on *GIDEON* by Priscilla Shirer. If your Thursday mornings are free and you would like to connect with other women, feel free to join us! Free childcare is provided. For info, contact Kristina at kristina kurtz@hotmail.com *Wholehearted Men's Conference- Saturday, October 19th* Valley Church will be hosting a *Wholehearted Men's Day Conference* on Saturday, October 19th. It will be well worth your time and money! Check the website out for details -<u>www.wholeheartedmen.com</u>

Grief Share – Saturday mornings at 10 a.m. The video, *"WHY?"* will be shown on Saturday, October 19th. <u>Note</u>: *The October 19th GriefShare will be at Molly Nye House at 940 Lynn Valley Road*. Contact Lillian Gorrie at <u>lgorrie@shaw.ca</u> for info.

What's happening at Valley Church?

If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.

If you are a young adult and would like to connect with other young adults at Valley Church, give Simon & Oyuki Bodlack a call at (778) 689-4636 or simonbodlack@gmail.com

Send in your photos! Please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin and on our website.





OPERATION CHRISTMAS CHILD...

Valley Church is the second largest contributor towards Operation Christmas Child on the North Shore! We have an opportunity to continue this wonderful tradition beginning next Sunday, October

20th. For convenience and cost-savings, this year we will have a "shoebox sale" with wholesale and discounted items ranging from 5c to \$2.50 to help you economically fill your shoeboxes. If possible please bring coins to facilitate quick transactions.

Photos on front (clockwise from top left) – Ladies Retreat Weekend at Camp Jubilee...Krisha Relleve leading in worship; a few of the gals (Kimberley Helps, Stephanie Jones, Anne Brozensky); the whole gang "saying CHEESE"; Homecoming cuddles (Karla & Lewis Eldred).