

A note from Pastor Marcel Kurtz...

Ahh, summer it conjures up images of good times, BBQ's, sunshine, and iced tea, but when that Saturday rolls around and the sun is out it can often be hard to think of an activity that you can do as a whole family that won't break the bank. All too often what ends up happening is Saturday after Saturday rolls by and summer becomes a memory of regret...*"How did those days slip by without us taking advantage of them?"*. So in order to enjoy a summer Saturday to its fullest, it takes a few things -

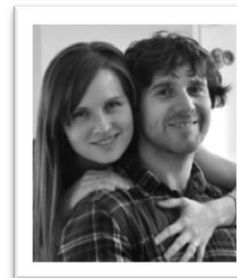
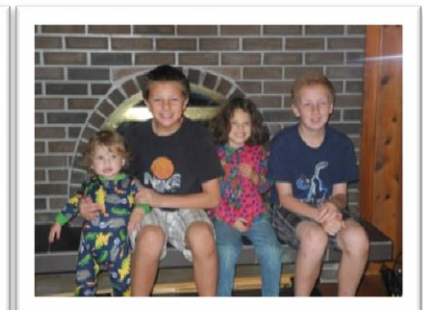
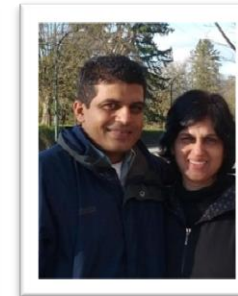
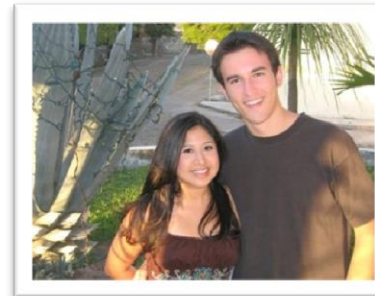
1. An idea
2. Some planning (not a lot but a little)
3. A stick to prod your kids out of bed Saturday morning.

While I can't plan things for you or prod your kids out of bed, I can give you a few ideas that we as a family like to do when we want to take advantage of a sunny day in this beautiful city of ours.

1. Call ahead to Stepnos (Greek Restaurant downtown...(I think it is the cheapest in the city) and order some take-out, then head directly to Third Beach at Stanley Park...enjoy the food, and bring a ball or two, swim trunks, and some lawn chairs.
2. Pitch and Putt at Murdo Frazer – great for beginners
3. Rent a double bike and ride around Stanley Park bringing along a back pack with some light snacks and a Frisbee then stop at a beach for some fun along your ride
4. Go panning for gold at Fort Langley, then stop at the candy store to pick out some favorite treats
5. Go swimming at the pool in Stanley Park (Second Beach) again bring along some food (the giant sandwich at Safeway can feed an army)
6. Check out the free movies that show in the parks (Stanley Park and Lawson Park).
7. Take the ferry and head to Bowen Island and hike around the island, it feels like you got away, but you are back the same day
8. Granville Island
9. Head out to Cultus Lake and enjoy the water slides (this one is a little expensive but a lot of fun)
10. Pack a picnic and go to one of the free concerts on Friday or Saturday night at Cates or Panorama Park in Deep Cove, also make sure to bring a Frisbee, or football. Well that's it, now have a great summer, and don't forget to send in your photos and remember a good time doesn't always equal money...just enjoy this great city and make your own fun!

Valley Church...

There's a place for you!



*Equipped in the Spirit...Equipped in the Word
Going everywhere...meeting needs in Jesus Name*

June 2nd, 2013

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Sunday at Valley Church...

Services at 9:00 & 11:00 am – Pastor Marcel Kurtz will be speaking this morning. There is a supervised Mini-Kids Centre for children under 3 years in the 11 am service. (The Mini-Kids Centre is unsupervised during the 9 am service – Parents are asked to stay with their children.) Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio!
Join us for coffee on the patio after the service today...a great chance to meet a new friend.

This week at Valley Church...

ESL (English as a Second Language)

7 pm on Monday evenings. For info call Kay (604)986-2932 or Elaine (604)986-4288.

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your *answers to prayer!*

SOUL TREK (for youth)

7 pm on Tuesday evenings. Contact Tim Shaw at (604) 980-0307 for further info.

Mom's Morning Out – Thursdays from 9 to 11 am. For info contact Kristina at kristina_kurtz@hotmail.com We are doing 2 separate studies at this time...Loving Your Kids on Purpose and Prayer in Your Marriage. Childcare is provided.

Our Daily Bread devotionals are available this week at the Information Table in the foyer.

What's happening at Valley Church?

Send in your photos! Please share some of your special moments with us by emailing us your favorite family photos to use in the bulletin and on our website. If you are taking a trip over the next few months, take along a Valley Church bulletin and take a photo of you holding it in front of a site you're visiting...Valley Church's version of North Shore News "News Around the World"..."Valley Church Around the World"!



If you are new to Valley Church or would like to pass on some new information, please take a moment to fill in a Valley Church Connection Card and drop it in one of the boxes beside the exits. You'll find the cards in the holders on the chairs in front of you.

A reminder from our bookkeeper...When you give your tithes and offerings, please be sure to fill in your offering envelope with all the necessary information (your name, address and the amount of your gift). Otherwise our bookkeeper has no record of your gift and won't be able to issue you an income tax receipt.



VBS dates for 2013 – This summer our VBS will be held the week of July 15-19th. Mark your calendar!

Owen & Val Scott are on vacation in England! This week they are in the Cotswolds...exploring and walking the footpaths. A special thanks to their Valley Church family for this 40th Anniversary gift!



Photos on front (clockwise from top left)- Oyuki & Simon Bodlack; Joseph & Mamta Dharmaraj; Yushah Javid, Ruth & Andrew Mitchell, Isaac, Tom & Matthew; Austin & Jordan Kurtz with Oliver & Morgan Reedman; Christine & David Bergen; Olivia, Evalyn & Melody Neudorf; JJ, Eric & Danny Artiga.