

Title: “Christ to Comfort and Restore”

Text: Psalm 23:2-3

1. Heidelberg Catechism – the only comfort in **life** and **death** is **Christ**

2. The work of **restoration**
 - Psalm 130:1-2
 - Isaiah 51:12
 - Isaiah 49:13

3. **Tools** to comfort and restore
 - Scripture reading, intercessory prayer, practical “*acts of kindness*”
 - “**Being there**” for someone in a crisis

4. When the **caregiver** needs **care**
 - John 14:1
 - 2 Corinthians 1:3-5
 - Romans 14:7-8
 - Romans 15:1-2
 - Hebrews 10:24-25