

**Series:** “*What Works When Life Doesn’t*”

**Topic:** “*When Happiness Eludes You*”

**Text:** Psalm 1

**1. Two alternatives of ultimate seriousness (v.6)**

- The way of the righteous
- The way of the wicked

**2. Two alternative destinies**

- Be like a tree (v.3) or be like chaff (v.4)

**3. An opposite ending**

- If you are wicked, your way will end in destruction (v.6b)
- If you are righteous, your way will be known and attended and protected by God even unto glory (v.6a)

**4. The difference between the righteous and the wicked**

- The righteous delight in God’s Word (v.2)
- The wicked scorn at God’s Word and heap scorn on those who follow it (v.1)

**5. Happy is the man who delights in God’s Word**

**6. Meditate on God’s Word and you will be tree-like; not chaff-like**

**7. Main point of Psalm – Delight and meditate on God’s Word...day and night**

**8. A closer look at the wicked and the righteous**

- Romans 3:10-1
- Psalm 3:10
- Psalm 14:4-5
- Romans 3:10
- Romans 3:18
- Psalm 32
- Whenever we read about the righteous, think: *Those who trust in the Lord for their joy and repent of their sins in earnestness*

**9. The essential trait of the righteous**

- She delights in God’s law and meditates on it day and night (Psalm 119:97)

**10. How can I delight in the Word of God?**

- Pray for new “taste buds” on the tongue of your heart
- Meditate on the staggering promises of God to His people

**11. Inspiration from George Muller**